



# Under the Carroll Hills Umbrella

Carroll County Board of Mental Retardation & Developmental Disabilities

May/ June 2008

VOLUME 6 ISSUE 3



Tomorrow is a blank page  
just waiting to be filled  
with your dreams...

All you have to do is be yourself  
and live the story  
that no one else can live--  
the story of your own unique life.

Be Proud - Be Confident  
Most of all, Be Happy.

## Presenting Carroll Hills 2008 Graduates



Dustin Starkey



Sarah Hines

## Congratulations & Best Wishes!



Graduation and Awards Ceremony  
Carroll Hills School on May 29, 2008 at 1PM.

Graduation Ceremony continues on page 5



## Everyone Welcome to Grand Opening Ceremony

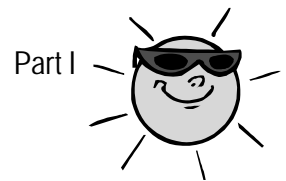
The Grand Opening is set for July 8, 2008 for the new addition at the Administration Offices on Roswell Road. We are pleased to announce, Director John L. Martin will be our Guest of Honor, with the ribbon cutting ceremony to begin at 11:00 AM. Open House will continue throughout the day until 7 PM at both the Administration Office and Carroll Hills Industries. Everyone Welcome!

Supt. Matt Campbell's article continues on page 3



## Health & Safety Alert - Keeping Safe in the Summer

### SUMMER SUN MEANS FUN BUT



#### FOOD POISONING



Those great picnics in the sun can be the cause of a trip to the hospital because of food that is eaten. Be sure to refrigerate all food; don't let any of it sit in the sun! Use the two-hour rule- Discard food that has been left out of a refrigerator or well-chilled ice chest longer than two hours." Your Mother was right – wash your hands! Be sure food is served on clean plates and use clean utensils. Cover your food; insects can spread diseases. Remember: "When in doubt, throw it out!"

#### CREEPY CRAWLERS & FLYING CRITTERS

Bees, wasps & hornets can cause medical emergencies if they sting – know whether anyone is allergic and be prepared – know the protocol that must be followed! For everyone else, it is important to remove the stinger promptly. Use a flat edge, such as a credit card, to scrape it from the place it is imbedded. Wash and apply ice. Deer ticks are tiny insects that live in low brush and can spread Lyme disease. Be sure to use insect repellent with DEET in it (the higher the amount, the more protection) when out and about. If a tick becomes attached – get medical help immediately! Usually, a Lyme disease carrying tick has to be attached for at least 24 hours to spread the disease.



#### WEST NILE VIRUS



West Nile Virus (WNV) was first diagnosed in 1999 in New York City and has since spread across the country more quickly than expected. It is primarily a disease of birds. It grows inside an infected bird and is spread to other birds, animals, and people through mosquito bites. Be sure to use insect repellent with DEET in it, when out and about. Spray not only exposed areas, but clothing also. Wearing long sleeved clothing and pants help protect the person. Hint: If the mosquitoes are chasing you, use insect spray and wear light clothing – mosquitoes prefer dark colors.

#### WATER SAFETY RULES

- Assess each individual's capabilities and needs for different water areas, such as pools, rivers, or the ocean.
- Assess staff's capabilities in responding to water safety needs.
- Someone should always be designated as a "life guard" to keep watch for any problems.
- Do not chew gum or eat while swimming as you could easily choke.
- Use caution when swimming after a large meal.
- Make sure the person you are supporting is using an approved life jacket or other flotation device if needed.
- Watch out for the "Dangerous TOO's" – TOO tired, TOO cold, TOO far from safety, TOO much sun, TOO much strenuous activity.



#### SUMMER CAMPS



- Proper planning is important when individuals are attending camp. The following steps may assist with ensuring an enjoyable experience:
  - Be familiar with the camp and possible dangers for the individual(s) attending.
  - Know who will be supervising the individual and what experience they have. Be sure you are comfortable with what will be occurring.
  - Communicate face-to-face with the camp director on any dietary requirement, supervision requirements, medical needs, or behavior issues. Provide a written copy of the information needed (e.g. ISP, Behavior Plan, etc.).
  - Be sure lotion for sunburn and bug bites is provided or available. Be aware of any medications that increase a person's sensitivity to the sun and communicate this to the camp staff.
  - If there is a pond, lake, or pool discuss the individual's abilities in the water with the camp director and any special needs that exist. Provide a written copy of those needs.
  - Be aware of the camp activities and how they match with the individual's physical or health needs.



#### OUTDOOR GRILLS

- Outdoor grills can result in burns if proper safety requirements and supervision are not provided and followed.
  - Be sure lid is open before lighting a gas grill.
  - Don't squeeze extra fire starter on coals when they are already burning.
  - Check grills for proper working order.
  - Supervise individuals closely when grilling.

#### BAREFOOT/SANDALS

- Be mindful of potential injuries when going barefoot or wearing sandals.



For questions or comments regarding the above Alert, please contact the MUI/Registry Unit at (614) 995-3810.



# SUCCESS

When doors open -  
WE succeed.  
[www.publicimagesnetwork.org](http://www.publicimagesnetwork.org)

## Doors Open for Opportunity at Carroll Hills

We are very excited about the completion of the addition to the Administration Building at 1182 Roswell Road NW, Carrollton. The Non-Profit Board owns the property and partnered with the County Board to ensure Carroll County citizens with mental retardation and developmental disabilities (MRDD) would have a place to work and receive day services. The addition is 1,840 square feet and will house 15 MRDD individuals and up to 5 staff. The layout is a large day service room including lockers and a washer and dryer, handicap accessible restrooms with a shower, a kitchen, a nurse station, a bedroom area for emergency stays, and a mechanical room. The addition also includes a covered porch with two porch swings. The grounds will allow space for outdoor activities such as gardening, a greenhouse, corn hole, a walking path, etc. The renovation includes a new main entrance, conference room, restrooms, Carroll County Transit office, 2 Service and Supports Administrators offices, a trainer's office, a maintenance office, secretaries' office, and superintendent's office.



Superintendent Matt Campbell

This addition will create more space at the existing workshop (Carroll Hills Industries) on 540 North High Street that currently serves at least 95 MRDD individuals. The plan is to move the 15 individuals to the addition and use the room #6 at Carroll Hills Industries (CHI) as a habilitation room. This will give staff a break room again and allow for areas to safely store supplies and equipment. Part of the process has been renovating CHI by adding walls, a door, and a drop ceiling to room #2; adding walls and a drop ceiling to room #3; adding drop ceilings to the hallways; painting the interior; and adding handicap accessible ramps to the front and side fire exits to meet code. Carroll Hills Industries renovations addressed safety concerns over deteriorating ramps, reduced noise by adding walls, increased safety by adding a door, and improved heating and cooling efficiency for MRDD individuals. The addition will also allow the County Board to provide more services to MRDD individuals so the waiting list will remain at a minimum. That is one of our main goals, providing services to all who are eligible.

The projected cost of the addition and renovation of the Administration building is \$408,812.50. The Ohio Department of Mental Retardation and Developmental Disabilities (ODMRDD) provided \$225,984 through a grant. Local match of \$56,496 was provided through private donations, funding from Carroll Hills Industries, and funding from Carroll County Board of MRDD. The Non-Profit Board paid \$43,001 in overage costs for renovation and the addition. The County Board paid a total of \$83,331.50 for overage costs and the septic system. The grand total of local tax dollars (County Board costs) for the project was \$108,331.50.



New Addition

The Non-Profit Board and County Board of MRDD wishes to welcome everyone to the opening ceremony and open house for the Administration offices and Workshop on July 8<sup>th</sup> from 11 am to 7 pm. Please come and tour both sites to see the renovations and the addition. Thank you for your on-going support of Carroll County Board of MRDD from the 250 MRDD individuals served in the program.

## Happenings at CARROLL HILLS INDUSTRIES



### Welcome Kelly

Welcome to Kelly Burkhart, our new consumer at Carroll Hills Industries. Kelly was born in Okinawa, Japan, where her father was stationed during his military service. Kelly's mother was from the Phillipines. Kelly graduated from Carrollton High School.

Like most young ladies, Kelly likes pizza, shopping and watching movies. She lives with her father and younger brother Jimmy. Kelly has a very close relationship with her Aunt Joni. Each evening Kelly works on improving her reading skills, which are important to her. She also has a pet beagle named Homer.

Kelly works in the main production area and quickly learns to do different contract jobs, such as assembly of folders, weighing tags and labeling and stamping postcards.

By Rick Spaulding

### What's Cooking Guys?

The Carroll Hills male peer group enjoys the participation in activities such as cooking, learning social skills, and talking about the things that



guy's like to talk about. On May 30<sup>th</sup> the guys got together to make personal pizzas. The gentlemen participating in pizza making were Frank V., Frank H., Jeremy, Frank D., Bill M., Bill B., Todd, Robert, and Victor. The other gentlemen that participate in the male peer group but were not present for the pizza activity are Jack, Arthur, Sean, and Rick.

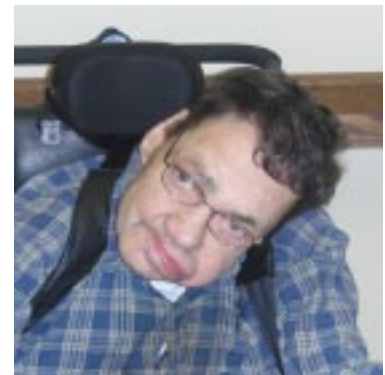


By Vicki Brumback

### "I quit smoking!"

Frank "Mark" Davis can be an example for those who still smoke. After smoking since he was a teenager, Mark has quit smoking. He has told staff members, "Do you believe it? I quit smoking!" Congratulations Mark.

By Rick Spaulding

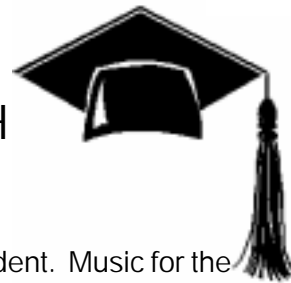


Always bear in mind that your own resolution to succeed is more important than any other one thing. Abraham Lincoln

Yesterday I dared to struggle. Today I dare to win. Bernadette Devlin



# CARROLL HILLS 2008 GRADUATION AND AWARDS CEREMONY TO BE HELD MAY 29TH



*Always Believe in Yourself and the Power of Your Dreams*

The annual commencement and awards assembly for Carroll Hills School and Preschool will be held in the school gymnasium on Thursday, May 29th, at 1:00 p.m. The class of 2008 school-age graduates are: Sarah Hines, daughter of Merle and Raye Long of Carrollton; and Dustin Starkey, son of Rebecca Moore of Carrollton and Ray Starkey of Dellroy.

The 2008 preschool graduates include: Elyza Bolanz, Hayden Burgett, Hannah Reagan Davis,

Kailee Dunlap, Noah Fry, Shelley Johnson, Nevaeh Hutchison, Adam Lashley, Mary Jane Lewis, Reighly Newbold, Shiane Schandel, and Joseph Ulman of Carrollton; Dakota Adkins of Dellroy; Iva Postlethwait of Mechanicstown; and Raziel Baxter and Jessica White of Malvern.

In addition to the graduation ceremonies, annual individual achievement awards will be presented to each preschool and

school age student. Music for the ceremony will be provided by the Melody Makers Bell Choir, which is comprised of enrollees from Carroll Hills School and Industries, and the Carroll Hills School Recorder Choir. School and Preschool students will also sing several songs appropriate to the occasion. All music is under the direction of the school's music teacher, Mrs. Jo Baugher.

The ceremony is open to the public. By Tammy Maney



## LifeShare Blood Drive Fundraiser

Success! Carroll Hills Playground fundraiser will receive \$1500 from the LifeShare Blood Drive for the playground fund. With over 75 donations throughout this school year. Kudos to Cheryl for organizing this fundraiser, LifeShare, Kishman IGA for gifts to give to those donating, and to all those who came out, donated in support of this fundraiser. Pictured below is Cheryl with a few of the students in front of the LifeShare bus.



## Parent to Parent Connection

Parent to Parent Connection is set up for parents to get together for socialization, support, and to share information. The next get together will be held Thursday, May 22, 2008 at Carroll Hills School from 10:00 – 11:30 am. For more information call - 330-627-7651.

Everyone Welcome!



Pictured - L-R 1st row -Harley Shaver, Justin Knepper, Alex Adkins, Cheryl Rohr, and Clay Richards

## All you famous Artist - move over ...

Let me introduce you to Justin Knepper! Justin is a student in the Middle School Classroom at Carroll Hills School. He has made a lot of progress, both academically and socially, since he started attending Carroll Hills. He is a student with many talents!

Justin is very good at reading and has read many books this school year such as *The Adventures of Huckleberry Finn*, *The Prince and the Pauper*, *A Christmas Carol* and he is currently working on *Tales From Homer: The Iliad and the Odyssey*. Justin is a member of Carroll Hills Cougars basketball, bowling, and track team, and also in the recorder group.

While you may have known about Justin's participation in sports and recorder group, you probably aren't aware of his artistic talents! If you walk into the Middle School Classroom, you will see drawings posted around the room. Justin has a real talent for drawing things free hand. While his teacher relies on an overhead projector to draw things, Justin doesn't need to trace things. He is also very creative at making things out of whatever materials he can find. He even made a car out of pipe cleaners. I am hoping that Justin will allow us to publish some of his drawings in this year's yearbook. So, if you haven't already ordered one, be sure to send in your order so you can see this young man's talented drawings!



By Shelly Haught

## COMING Events

May 21, 08 – Special Olympics Sport Banquet, 6PM –Carroll Hills School  
 May 26, 08 – Memorial Day – Entire program Closed  
 May 29, 08 – Graduation and Awards Ceremony  
 May 29, 08 – Carroll County Board Meeting – 5:30 PM at CHI  
 June 4, 08 - Donation day for the Rummage Sale  
 June 5,6,& 7 – Carroll Hills Council Rummage Sale  
 June 9,08 – Last day for students  
 June 10, 08 – Teacher's last day  
 June 10, 08 – Carroll Hills Council Meeting

Seminar - CEU's Schedule  
 Carroll Hills Administration Building  
 330-627-6555

Principles of Behavior Support  
 Sept. 19, 20, Oct. 3 & 4.  
 Habilitation  
 Oct. 24, 25, 31, & Nov. 1

Approved for 30hr Seminars & CEU's MR/DD.  
 We also offer Seminars as Independent  
 Studies, when class is not available.

## Carroll Hills Council

Carroll Hills Council is a parent/ professional organization that functions similar to a PTO or booster club in public schools. The main difference is the Council helps meet the needs of both children and adults served by the Carroll County Board of MR/DD. The Council raises money through dues, donations, and fundraisers. A few of the fundraisers held annually include a spaghetti dinner, rummage sale, and calendar or cookbook sales. The next fundraiser will be our annual rummage sale on June 5 & 6 from 9-5PM and Saturday, June 7th - 9-noon at Carroll Hills School. Those wanting to donate items for the sale may do so on June 5th - 9-5PM. For more information on the rummage sale call Garry at 330-627-7651.

Some of the areas Council monies help fund include field trips, dances, and equipment for the school, workshop and the Carroll Hills Cougars Special Olympics teams. The Council also helps fund MR/DD Awareness Month activities each March, levy campaigns and many other needs that arise. Carroll Hills Program levy will be on the ballot this November, we would appreciate your support. Carroll Hills Council meetings are held on the second Tuesday of each month. We invite and encourage parents, families and others to join our organization.



By JoAnn Hilliard, Council Treasurer



# Reflecting on MR/DD Month

# SUCCESS

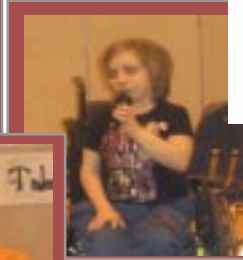
When doors open - WE succeed.  
[www.publicimagesnetwork.org](http://www.publicimagesnetwork.org)



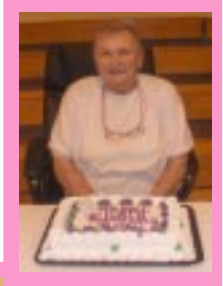
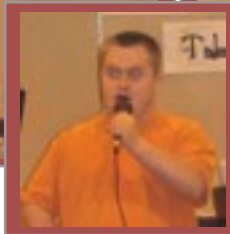
Steel Drum Band



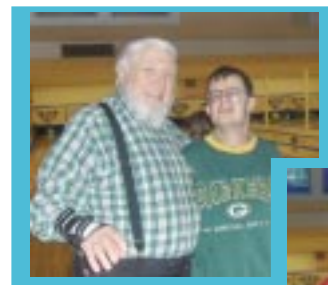
2nd Annual Talent Show



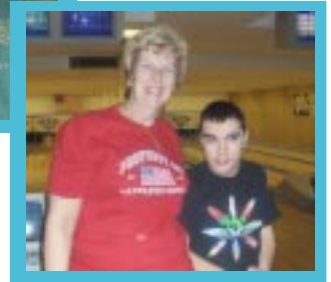
Celebrating Grandma Betty's 85th Birthday



Appreciation & Awards Banquet



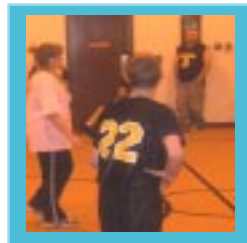
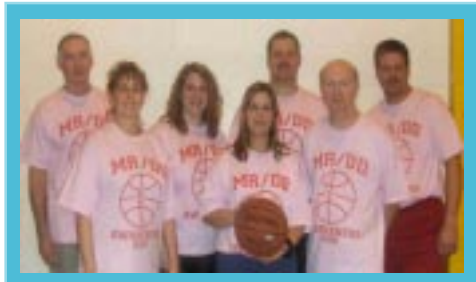
Family & Friend Bowling



Miss Marsha



Cougars vs Pink Panthers (Carroll Hills Staff Team)



Community Fair



## Letter to the Editor:

### A Perfect ODMR/DD MUI Review

We had a flawless Ohio Department of Mental Retardation and Developmental Disabilities MUI review thanks to the hard work of Carol Sanford, assisted by Shannan Boone and our association with MEORC. A few recommendations were made, but there were NO citations. This is quite an accomplishment and the reviewers had so many wonderful things to say about Carol's complete documentation and follow-up.

Jan Clayborn, Director of Services & Supports



## Employees of the Month

Since the last Newsletter, those receiving the honor of being Employee of the Month are as following:

Sharon Bellamy  
Rose Howell  
Lisa Erwin

We would also like to inform Families, Guardians, Providers and other members in our community, they too are welcome to nominate someone for Employee of the Month.

**CONGRATULATIONS!**



Cougar Fans,

## Special Olympics

Another year is coming to a close. We always end the season with our special Sports Banquet to honor our athletes and volunteers. This year our banquet is scheduled for Wednesday, May 21, 2008 at 6:00 p.m. at

Carroll Hills School. If you plan on attending, please respond to me before May 16<sup>th</sup> so we can make arrangements for the tables and chairs.



At the close of the banquet, we announce the athletes that have been chosen to go to the Summer Games in Columbus. We look forward each year to this banquet giving us the opportunity to thank you all for your dedication and support of our program. We have a great group of athletes and wonderful fans. We truly appreciate everything you do for us.

Looking forward to you all joining us again in the fall.

Sincerely,  
Tomi Moore  
Local Coordinator  
Carroll County Special Olympics  
330-627-4357

*"Let me win, but if I cannot win,  
let me be brave on the attempt."*

Special Olympics Sport Banquet  
May 21, 2008 - 6pm  
RSVP-330-627-4357



# State Games Here We Come!

Carroll County MR/DD Special Olympics has selected 10 bowlers and five track and field athletes to represent the organization at the 2008 Special Olympics Ohio State Summer Games. The 15 athletes will be announced at the Sports Banquet on May 21, 2008.

These athletes will compete in the 39<sup>th</sup> Annual Special Olympics Ohio State Summer Games, a year round training and competition program for children and adults with mental retardation. The Games, held June 27<sup>th</sup> through the 29<sup>th</sup> at Ohio State University in Columbus will feature competition for more than 2,700 competitors from across the state. The program will include competition in eleven sports, movies, recreational clinics, and the colorful Open Ceremonies.



The Carroll County Special Olympic organization through fundraisers and donations usually cover the local part of the cost which is approximately \$120.00 for each athlete and coach/volunteers to attend this event. This year we are asking for donations through sponsorships.

If you would like to be a Sponsor or help sponsor a Carroll Hills athlete to attend the State Summer Games, please fill out the form below and mail to:

Carroll County MR/DD Special Olympics  
Attention: Thomasine Moore  
P. O. Box 339  
Carrollton, Ohio 44615

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## 2008 Carroll County State Summer Games

I would like to help sponsor a Carroll County MR/DD athlete with my donation of:

\_\_\_\_\_ \$20.00    \_\_\_\_\_ \$25.00    \_\_\_\_\_ \$50.00    \_\_\_\_\_ \$100.00    \_\_\_\_\_ other

For a \$100.00 donation your name or business name will be displayed on the shirts that the athletes will wear at the 2008 State Summer Games. Make check or money order payable to:        Carroll County Special Olympics

Name(optional) \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number \_\_\_\_\_

Thank you,

Thomasine Moore  
Local Coordinator  
Carroll County MR/DD Special Olympics



If you have any questions, please do not hesitate to give me a call at 330-627-4357.

**Go Cougars!**

Carroll County Board  
Mental Retardation and  
Developmental Disabilities

P.O.Box 429,  
Carrollton, Ohio 44615



Board Members

Melissa Fletcher, President  
Dolores Hudson, V. President  
John Miller, Secretary  
Craig Rodgers  
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Atty. Jennifer Thomas  
Angie Miller

Superintendent  
Matt Campbell

## Under the Carroll Hills Umbrella

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The only certain means of success is to  
render more and better service than is  
expected of you, no matter what your  
task may be. ~ Og Mandino Quotes

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