



Under the Carroll Hills Umbrella

Carroll County Board of Mental Retardation & Developmental Disabilities

March / April 2008

VOLUME 6 ISSUE 2

SUCCESS



When doors open -
WE succeed.

www.publicimagesnetwork.org

March - MR/DD
Appreciation & Awareness Month

Carroll County Board of MR/DD is celebrating MRDD Awareness Month, and we invite you to consider the true meaning of this year's theme, Success! When doors open WE succeed.

Both students and adult enrollees here at Carroll Hills succeed in many different ways when we help open doors. Throughout this newsletter you will see a few of our success stories.

Success Is a Journey,
Not a Destination - Ben Sweetland



Picture Exchange Communication System...
A door opens and a child succeeds!

The suggestion by Ann Myers, Speech Therapist, to introduce Faith Fletcher to the Picture Exchange Communication System (PECS) opened the door. And according to classroom assistant, Tiffany Cooper, "Faith took right to the PEC system. It has been amazing to see how much interaction and independence this has brought into Faith's daily routine in our classroom."

Faith, non-verbal since birth, has always been capable of making her wishes known to the adults in her life. The challenge came as she matured and moved on to the elementary class. Part of Faith's educational goals in the classroom consist of communicating her wishes and interacting with her teachers. Every effort was being made and tested to come up with what would help with these difficulties. Then came the PECS suggestion and Faith's teacher, Linda Bosler, set out to implement the system. In no time they compiled pictures of items and

activities in the classroom to form Faith's personal Picture Exchange Communication System. The PECS is self-explanatory, consisting of Faith picking a picture from her communication board and exchanging it for the item or activity she wants. Other communication devices are being introduced to Faith and her journey of success continues.

JHilliard



March is MRDD Awareness Month. The theme is “Success - When doors open we succeed”. I believe Carroll County has done a great job opening doors so individuals with disabilities can succeed. The Board serves 250 individuals with disabilities at various facets of their lives. However, there are many more individuals in this community that need services.



Superintendent Matt Campbell

The Board is in the process of addressing the need for more space at the workshop by adding on to the administration building. The project is scheduled to break ground on March 1, 2008 and be completed by July 14, 2008. This project has been in the

works since 2001. When the doors open, 15 individuals will receive habilitation services. The neat thing about the addition is the location will allow for outside activities such as gardening, walking, animal therapy, corn hole games, etc.

The Board is also gearing up to address the space problem at the school. A grant has been applied for to add 13,000 square foot to the existing building. If the grant is approved, when the doors open on the addition, there will be space for four preschool classrooms. The addition will allow for parent training, therapy space, and a behavioral nurse to be located on site.

The community has done a great job opening doors for our community employment program individuals. There are six individuals with disabilities with jobs at Pizza Hut, McDonald’s, Atwood Lodge, Mezzaluna’s Italian Grill, and Napa Distribution Center. Landscaping and mowing crews employ 10 individuals with disabilities that work at community homes, local school districts, Ohio Department of Transportation, and Carroll Housing Opportunities homes. The janitorial crew has employment through Ohio Department of Transportation and the Health Department. The workshop also employs individuals on site through community contracts with GBS filing systems, Salem Label Team, Perfect Products, Ashton’s 5 & 10, Colfor, K.W. Hoopes, Department of Job & Family Services, Carroll County Commissioners, and Carroll Medical Management, etc.

The point I am making, as you can see “When doors open We succeed”. Many doors have been opened so individuals in Carroll County have succeeded. The Board and the individuals we serve hope doors will continue to open for success. I believe that success is created through jobs for those who serve individuals with disabilities, and through those services, individuals with disabilities are given the opportunity to be productive citizens. Thank you for your support and please think outside the box for ways to open doors for people with disabilities.

The only certain means of success is to render more and better service than is expected of you, no matter what your task may be.

~ Og Mandino Quotes

Success is the sum of all small efforts, repeated day in and day out. ~ Robert Collier Quotes

It’s not about success, it’s about progress.

~ Tony Robbins Quotes

The key ingredient to any kind of happiness or success is to never give less than your best.

Seminar - CEU’s Schedule

Carroll Hills Administration Building
330-627-6555

This years schedule will include
Intro to MR/DD
April 11, 12, 25, & 26
Principles of Behavior Support
Sept. 19, 20, Oct. 3 & 4.
Habilitation
Oct. 24, 25, 31, & Nov. 1

Approved for 30hr Seminars & CEU’s MR/DD.
We also offer Seminars as Independent
Studies, when class is not available.



LETTER TO THE EDITOR:

Spread the News... Carroll Hills Programs - A place to turn to!

I am an early intervention parent and thankful for it. I had a two-year-old son who had a speech delay and some problems nutritionally. A friend of mine suggested that I take him to this program. After I contacted them it opened a whole new world for our family. My son went from being an extremely frustrated little boy to an extraordinary one that not only is able to communicate through sign, but has also learned many other things!

I would like to give a special thanks to Beth Robertson, Help Me Grow Service Coordinator who got us started in everything. Karen Kincaid, E.I. Specialist, who diligently worked with any information I needed from sign language to potty training. She also provided us with an awesome playgroup that has allowed Preston to grow socially and be able to interact with other children. This has been a blessing! Karen Husted, Speech Therapist, has taught Preston how to communicate through sign language. Kelly Pruett, Occupational Therapist, who very patiently showed him how to become a better

eater in such inventive ways. Mrs. Myer's, Speech Therapist, who has worked miracles with Preston's speech even though he can sometimes be very defiant. I would also like to thank the preschool teachers for giving him a wonderful first year of school.

I cannot express how much my family and I appreciate everything that Carroll Hills has done for us. I wish that I had known about this program when my other children were younger. I'm afraid there are other parents out there like me who think they would not qualify for help from such a program. I'm definitely spreading the word to my friends and letting them know what an awesome program this is. Thank you for everything!
Sincerely, Christine Randal



Preston

WE APPRECIATE & THANK YOU for your dedication to Carroll Hills Programs.

Carroll County Bd of MR/DD



Board Members

Melissa Fletcher, Pres. Craig Rodgers
Dolores Hudson, V. Pres. Karl Schumacher
John Miller, Sec. Angie Miller
Atty. Jennifer Thomas

Carroll Hills Industries Non-Profit Board Members



Rev. Mike Doak, Pres. Bill Wasson
Elaine Painting, V. Pres. Linda Moore
John Weir, Sec./Treas. Richard Jones
Stanton Thomas Barbara Truman
Mary Fluke

Carroll Hills Council Officers



L-R Front - Kim Yeager, V. Pres.
& Sam Monk, Pres.
Standing - JoAnn Hilliard, Treas.
& Bonnie Underwood, Sec.

The following staff will be recognized at the Annual MR/DD Recognition and Awards Banquet for their years of service to our program.

5 Year – Amber Bailey, Tim Brace, Vicki Brumback, Steve DeFilippo, Dan Donnelly, Heidi Dunn, Barb Johnson, Jamie Phillips, Rhonda Powals, & Pat Stragan

10 Year – Cindy Huber, Tammy Maney & Bonnie Underwood

15 Year - Tara Burke, Jan Clayborn-Waltz, & Garry Witts

20 Year - Shelly Haught





Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed. - Booker T. Washington

Community Employment Program

- Richard Champer - 10 yrs - Mezzaluna's Italian Grill
- Becky Easterday - 8 yrs - Mezzaluna's Italian Grill
- Jim Craft - 8 yrs - Napa Distribution
- Matt Crough - 13 yrs - McDonald's
- Arthur Fischer - 16 yrs. - Attwood Lake Lodge
- Amy Jo Pennock - 16 yrs. - Pizza Hut

Kudos to the area businesses that continue supporting our Community Employment program.

Carroll Hills Employees of the Month

Carroll Hills has implemented Employee of the Month at each of our buildings in order to recognize and show special appreciation to our employees who go above their job requirements. Co-workers nominate and select the Employee of the Month, basing their decision on the employee's attitude, dependability, and overall job performance. Each employee of the month receives a \$25.00 gift card from Speedway, has their name added to the plaque hanging in their office, and also receives a reserved parking spot for the following month.

Carroll Hills Industries has their first Employee of the Month, Burt Link. Burt is the Production Logistics Coordinator, instructing Team Leaders on how individual contracts are to be done and packaged. His duties are to ensure that not only the quality and quantity of each product is maintained at the highest level, but also to make sure that safety rules and the Dept. of Labor regulations are met for our individuals.

Carroll Hills School has selected Katie Page, as their Employee of the Month. Katie is employed as one of our High School class teachers. Hired in 2006, Katie teaches our freshmen and sophomore students. It is apparent that her enthusiasm and talent provides her students with a top quality education.

Congratulations Burt and Katie!

Why We APPRECIATE our Foster Grandma's

When students were asked the question, "What Makes Your Foster Grandma Special?" they replied with the following answers:

Senior Class - Grandma Betty Shurtz

1. Leslie commented, "She listens and helps us with our problems. She compliments us on our clothes. She makes sure we have food in our bellies."
2. Stephen replied, "Grandma Betty is cool, she even gets into my rap music. She is always here at school."
3. Sarah said, "She makes the best coffee. She gives us candy and money for Christmas."
4. Chance said, "Best Grandma of all times."
5. John commented, "She passes out hugs to kids."
6. Brittanys responded, "She has a great attitude all the time."

Middle School - Grandma Joan Pennock

1. Amanda replied, "She helps me with my school work."
2. Justin stated, "She helps me with math and other paper work. She's very nice and helps give ideas for my drawings. I also like the fact that she helps the other students in our class."
3. Middle School Teacher, Shelly Haught added, "Joan is a great help in our classroom. She is always willing to help out whenever and wherever needed. She helps set up breakfast, helps the students make copies, and works one on one with students when they need help. The students and staff in the Middle School Class have really developed a nice relationship with Joan and we hope she continues to work in our classroom for many years!"

Elementary Class - Grandma Betty Eshelman

1. Mitchell stated, "He is glad Grandma gets his breakfast and helps him with his work."
2. Although Billy Ray isn't always quick with a verbal answer. His Grandma sits with him at lunchtime and talks to him. He also appreciates and responds to her patient instructions when he is working on writing skills. Elementary Teacher, Linda Bosler stated, "Professional, dedicated and kind are qualities that define our Grandma Betty! Betty put's in a busy day with the elementary class and touches the lives of students and staff alike. Her natural teaching abilities, consistency and patience have produced amazing results with our students. She specializes in bringing out the abilities and responses of non-verbal students, and her calm personality relaxes the uneasy child. She inspires and encourages us everyday!"



CELEBRATING MR/DD APPRECIATION & AWARENESS MONTH

Heavenly Metal Steel Drum

Heavenly Metal Steel Drum will be performing at Carroll Hills School on March 14 at 7:00 pm. Everyone Welcome!



Heavenly Metal is a church based community steel drum program that promotes Christian fellowship and musical growth for all ages in a safe, fun, family-oriented environment. Heavenly Metal made its debut performance in March 2006. Since that time the band has grown in size and popularity and has preformed at many churches and functions in the greater Steubenville, Ohio area. Part of the unique appeal of the band is the wide range of ages of the members. It is common to see a 4th grader playing right alongside an adult at one of our concerts. The band rehearses and performs during the school year and takes the summer off to allow for vacations, summer camps & ballgames. This unique ministry spreads the gospel of Jesus Christ through music, Bible study, prayer and fellowship.

Shelly Irvine:

Heavenly Metal was founded and is under the direction of Mr. Shelly Irvine. Shelly holds a BME '89 from the University of Akron and is co-founder of Panyard, Inc. of Akron, Ohio (a company dedicated to the advancement of the steel drum art-form). He is a master steel drum tuner as well as an educator, performer and arranger. Mr. Irvine served as musical director for the University of Akron Steelband in the late 80's & early 90's. Shelly keeps a busy travel schedule, tuning and teaching steel drums throughout the United States. Mr. Irvine has worked extensively archiving music in Trinidad, the birthplace of the modern steel drum. Additionally, he has performed with the 27th Lancers Drum & Bugle Corps from Revere, MA and has taught the Canton Bluecoats Drum & Bugle Corps from Canton, OH.



Awards Banquet Scheduled for March 18th.

Carroll Hills Annual MR/DD Recognition and Awards Banquet will be held this year at Days Inn on March 18. Honoring individuals, organizations, and businesses, who, through their exceptional efforts, have succeeded in making lives better for children and adults with disabilities. Tickets must be purchased before the banquet and are available at Carroll Hills School at 330-627-7651 (\$10 & \$5 for children under 13 yrs.). No tickets will be sold at the door. Everyone's meal will include salad, slice of roast beef, chicken breast, baked potato, vegetable and a choice of apple pie or yellow cake, catered by Ponderosa.

Community Information Fair to be held at Carroll Hills School.

The Carroll Hills School in collaboration with Family and Children First Council, is sponsoring a Community Information Fair for Carroll County and surrounding communities. The fair will be held on Saturday, March 15, 2008 from 10 a.m. to 2 p.m. at Carroll Hills School. Tables will be set up with information or handouts from area organization and businesses. A free lunch will be provided as well as activities for children and a special visitor - the Easter Bunny! Pictures with the Easter Bunny will be offered. For more information about this event call Laurie at 330-627-7651. [Everyone welcome!](#)



Special Olympics Participates in MR/DD Appreciation & Awareness Month

Carroll Hills Basketball Team and Carroll Hills Bowlers have scheduled special events throughout March.

Cougar Basketball team has scheduled special games with Carroll County Sheriff Dept, Carroll County Fire Dept., Carrollton Rotary Club, Carroll Hills staff, St. John's Villa staff, and for the first time Conotton Valley Rockets Basketball Team.

Carroll Hills Bowlers have scheduled three Family & Friends Fun Bowling Tournaments. For dates see the Activity Calendar in this newsletter and for other information, or bowling tournament sign-up sheets call JoAnn at 330-627-6555.

Bobbie's Journey to Success!

By Kelly Pruett



Bobbie Gotshall first started receiving therapy services through the Carroll County Help Me Grow/Early Intervention program when she was 11 months old. At 12 months old, Bobbie struggled with skills that other children her age did automatically. She had difficulty moving. She could only roll from her belly to her back. She could not crawl or sit without support. She was very limited in how she could use her hands to manipulate and play with toys. Bobbie was limited by abnormal muscle tone and weakness throughout her trunk and extremities. With her family's support and therapy intervention, Bobbie gradually began to move. She became interested in her environment and was eager to play. She began to pull herself up to stand and cruise along furniture. Her muscle tone continued to be a limiting factor in her progress. She was eventually seen by a physiatrist who recommended botox injections to her spastic muscles. The botox helped decrease Bobbie's muscle tone and allowed her to move easier. When Bobbie started preschool, she was able to walk with the assistance of a pediatric walker! She is also doing many tasks herself that she could not previously do, such as coloring, feeding herself with a spoon, and trying to take off her coat. She continues to make progress and is a joy to watch as she grows and learns. Physical and occupational therapy will continue to be a part of Bobbie's school and home life. Bobbie will progress to walking with canes and will work on improving her ability to stand without assistance. We hope that she will soon be able to do many other self help and daily tasks on her own.

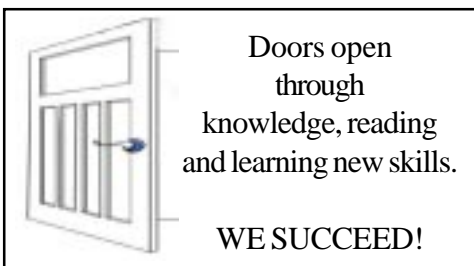


Amanda Campbell has made great strides in her reading skills. She has really worked hard and has completed 127 lessons in the Edmark I Reading Program. This has allowed her to complete the entire program. She has also moved on to the Edmark II Reading program and has completed 44 lessons since January! I am very proud of all of Amanda's hard work!

By Shelly Haught

Kelly Baker and Jennifer Santucci are the first of our ladies to participate in and complete the "BEING SAFE IN YOUR HOME & COMMUNITY" class. This is a personal safety awareness curriculum for women with MRDD. Congratulations ladies!

By Rick Spaulding



Since computers are now available in various rooms of the building, individuals have more opportunity to use the computers when not working on contract jobs. Kimberly Hilliard & Sam Monk are learning to use the computer to listen to music and play games.

Keep up the good work Kim and Sam.

By Rick Spaulding



Arthur Fischer has broken the “Gender barrier” and become the first man to do the workshop laundry on a scheduled routine basis. He has to collect soiled laundry from various areas. Then he sorts, washes, dries, and folds the laundry. Finally, he delivers the clean laundry back to designated areas. Art learned all this very quickly and does a great job. He also continues to work on contract work or other janitorial duties in between loads of laundry. When asked if he likes doing this, he replied. “It isn’t too bad.”

By Rick Spaulding

SUCCESS

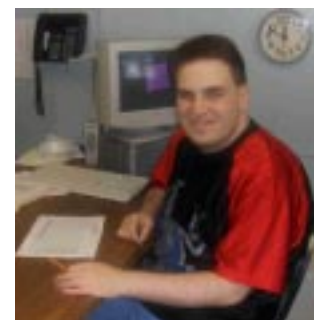
When doors open - WE succeed.
www.publicinagenetwork.org



Doors open through independence & knowledge

Jeremy Glekler recently completed the curriculum called “CHECK WRITING PRACTICE” and is the first of our individuals to advance to the “DELUXE BANKING” curriculum. Jeremy will be learning to fill out deposit slips, maintain a checkbook registry and to complete the monthly reconciliation of his bank statement and checkbook.

By Rick Spaulding



Success! The New Place I Call Home



In December 2007 Dustin Starkey moved into the Carrollton Group Home. His parents were concerned about his decision because of his diagnosis of cerebral palsy and requiring the use of a wheelchair. Their concerns are put to rest each time they visit Dustin at his new home.

Dustin enjoys his new home and loves the interaction of the other residents, particularly with his new friend, Ronny. Dustin and Ronny hit it off right from the start, finding they have a great deal in common, including the love of country music and watching movies. According to them, Johnny Cash and Kenny Rogers are two of the best country music artists ever.

The Carrollton Group Home staff encourages independence, which is also very important to Dustin. He participates in household tasks such as setting the table and helping with laundry. Dustin particularly likes to help with cooking his meals, utilizing tips from his favorite cooking show. Dustin will graduate this year and I’m certain, with his attitude, he will succeed in whatever he chooses to do in his future. Good luck!

By JoAnn Hilliard



John Riley- What it means to be self-determined.



John has been very proactive in making his life turn out the way he wants it. He decided he didn’t like having a housemate. With a little help, he found a small apartment in a great location that he could afford. He decided to work at St. John’s Villa’s ADS/VH hab. site doing janitorial work & working in their restaurant. He is enjoying the nice paychecks he is receiving from his work. He visits with friends and fills his time with various recreational pursuits. John’s house is as neat & clean as they come as he likes things to be tidy. John epitomizes what it means to be his own daily representative and will call his SSA if he is not satisfied with any element of his plan. He is reasonable and is willing to be an active participant in solving whatever problems may come his way due to new funding systems that support the services he receives. When I think of Self-Determination - I think of John!

By Jan Clayborn



People First Language

People First Language is a reflection of how people see each other. That's why the words we use can hurt. It's also why responsible communicators are now choosing language which reflects the dignity of people with disabilities - words that put the person first, rather than the disability. Read on for short course on using language that empowers.

Think people first. Say "a woman who has mental retardation" rather than "a mentally retarded woman."

Avoid words like "unfortunate," "afflicted," and "victim." Also, try to avoid casting a person with a disability as a superhuman model of courage. People with disabilities are just people, not tragic figures or demi-gods.

A developmental disability is not a disease. Do not mention "symptoms," "patients," or "treatment," unless the person you're describing has an illness as well as a disability.

Use common sense. Avoid terms with obvious negative or judgmental connotations, such as "crippled," "deaf

and dumb," "lame," and "defective." If you aren't sure how to refer to a person's condition, ask. And, if the disability is not relevant to your conversation, why mention it at all?

Never refer to a person as "confined to a wheelchair." Wheelchairs enable people to escape confinement. A person with a mobility impairment "uses" a wheelchair.

Try to describe people without disabilities as "typical" rather than "normal."
Public Image Network

Celebrating MR/DD Awareness Month Activities

Mar. 3 – Mon. Family & Friend Fun bowling Tournament – 10-12pm

Mar. 3 – Mon. Carroll Hills Basketball Game – Cougar vs. Carrollton Fire Dept. 6pm

Mar. 5 – Wed. Carroll Hills Basketball Game – Cougar vs. Carrollton Rotary Club 6pm Bell Choir performing Star Spangled Banner

Mar. 7 – Fri. Carroll Hills Basketball Game – Cougar vs. Carroll Hills Staff 1pm

Mar. 10 – Mon. Family & Friend Fun bowling Tournament – 10-12pm

Mar. 10 – Mon. Carroll Hills Basketball Game – Cougar vs. St. John's Villa Staff 6pm

Mar. 12 – Wed. Carroll Hills Basketball Game – Cougar vs. Carrollton Sheriff Dept. 6pm

Mar. 13 - Thurs., Spring School Conferences - 4:30-8:00pm

Mar. 14 - Fri., Spring School Conferences- 8:30-12:00 noon, No school

Mar. 14 - Fri., Heavenly Drum Band, 7pm - Carroll Hills School

Mar. 15 – Sat. Community Fair –Carroll Hills School – 10 – 2pm

Mar. 17 – Mon. Family & Friend Fun bowling Tournament – 10-12pm

Mar. 17 – Mon. Carroll Hills Basketball Game – Cougar vs. Conotton Valley Basketball Team 6pm

Mar. 18 - Tues., MR/DD Appreciation Dinner, 6pm Day's Inn. Call Carroll Hills School for tickets - \$10 & \$5 for Children 5 to 13yrs.

Mar. 20 – Thurs. Carroll Hills Talent Show – Carroll Hills School – 1pm

Mar. 21-28 - Spring Break, Entire Program Closed

Mar. 31 - Mon., Program resumes after break



What's the Difference?

Mental Retardation

1. Mental retardation refers to sub average intellectual functioning. Mental retardation is a developmental disability. People with developmental disabilities may experience difficulty in such areas as self-care, language, mobility, learning, self-direction, independent living or self-sufficiency. Some common developmental disabilities in addition to mental retardation are epilepsy, autism, cerebral palsy, learning disabilities, and Tourette syndrome.

2. Mental retardation refers to impairment in social adaptation.

3. National incidence: 3% of the general population. Ohio incidence: 1.4 to 1.9% of the general population of Ohio is estimated to have severe functional limitation due to mental retardation or other developmental disabilities.

4. Mental retardation is present at birth or occurs during the period of development.

5. In mental retardation, some degree of intellectual impairment can be expected to be permanent.

6. A person with mental retardation can be expected to behave rationally at his/her functional level.

7. People with mental retardation can also experience different types of mental illness with symptoms such as hallucinations or severe depression, secondary to the condition of mental retardation.

Mental Illness

1. Mental illnesses are medical conditions that disrupt a person's thinking, feeling, mood, ability to relate to others, and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life. Mental illness has nothing to do with intelligence. Serious mental illnesses include major depression, schizophrenia, bipolar disorder, obsessive compulsive disorder (OCD), panic disorder, post traumatic stress disorder (PTSD), and borderline personality disorder.

2. A person with a mental illness may be very competent socially but may have a character disorder or other aberration.

3. Mental disorders fall along a continuum of severity. Even though mental illness disorders are widespread in the population, the main burden of illness is concentrated in a much smaller proportion — about 6 percent, or 1 in 17 Americans — who suffer from a serious mental illness. It is estimated that mental illness affects 1 in 5 families in America.

4. Mental illnesses can affect persons of any age, race, religion, or income. Mental illnesses are not the result of personal weakness, lack of character, or poor upbringing. Mental illnesses are treatable. Most people diagnosed with a serious mental illness can experience relief from their symptoms and manage symptoms by actively participating in an individual treatment plan.

5. Individuals with mental illness and their families receive support and services from private practice, their local mental health authority (which may be county-based or regional) and the Ohio Department of Mental Health. **

6. A person with mental illness may vacillate between normal and irrational behavior.

7. The term mental illness covers a wide variety of symptoms that may indicate that someone is in emotional trouble, including: belligerence, excessive moodiness, suspicion and mistrust, or poor emotional control.

**Additional resources: NAMI (National Alliance on Mental Health) — www.nami.org

Hand-to-Hand Family Education Program through NAMI will be offered at Carroll Hills School every Thursday starting March 27 until May 22. If you are interested in attending, call Laurie Farber at 330-627-7651, for sign-up forms or more information by March 17th. The information above describes the difference between mental retardation and mental illness. Recognizing that a number of individuals in the MR/DD population are dual diagnosed, having NAMI come to Carroll County could be very beneficial to some of our families.

The National Alliance on Mental Illness (NAMI) is an education program designed to foster learning, healing and empowerment among parents and families of children with emotional/mental/neurobiological disorders. *Hand-to-Hand* consist of a series of 9 weekly classes, being developed and taught by family members, who are part of NAMI. You will be joining other families with children or teens with serious mental/emotional disorders including major depression, childhood schizophrenia, and attention deficit hyperactivity disorder (ADHD), obsessive-compulsive disorder (OCD), and anxiety disorder, among others. The program's dual focus on educational and personal insight provides a comprehensive service for coping parents.

Celebrating New Beginnings in Carroll County, NAMI Night will be held at Ponderosa in Carrollton on March 3, from 4pm to 9pm with 10% of all sales donated to NAMI TUSC/CARROLL. For information contact Laurie Farber or Penny Hodgeson.



Cougars Visit Conotton Valley Rockets

(Event pictures at carrollhills.com.)

On Saturday, January 19th the Cougars were invited by Head Coach, Trent Edie, of the Conotton Valley Rockets to watch the JV and Varsity teams play. Not only was the team invited to watch one of their games, free admission by the way, during halftime of the Varsity game, all of the Cougars (black and gold teams), cheerleaders and coaches were introduced by the announcer. After the game, everyone was treated to pizza in the cafeteria. The basketball players from Conotton Valley came in and talked with all the athletes and thanked them for coming. It was a great night for all. I had comments from the Conotton Valley audience thanking us for coming and applauding us for what we do.

The Conotton Valley Rockets plan on visiting one of the Cougar's games and they would also like to come for one of our games in March during MR/DD Awareness Month.

Coach Tomi Moore, Carroll Hills Cougars

Carroll Hills Annual Amish Screening

Carroll Hills School held their Annual Amish Screening on Friday, January 18. Paula Pugh, Speech Therapist, from Carrollton School, teamed up with Ann Myers, Speech Therapist, Kim Yeager, RN and Bill Mannion, LPN from CHI to offer vision, hearing, and speech screening. Parents received information to fill out the area(s) they wish to have their child tested. After testing, a note went home with the children that the screening showed a concern in the particular area. They were advised to follow-up with their own family physician. This year 115 children attended in the age range from first through eighth grade. Along with the screening, the children were able to watch the Carroll Hills Cougar Basketball Team go up against Harrison County Shooting Stars. Harrison won the game 79-70. Pizza was served for lunch. JHilliard

Bob the Builder" has nothing over on us...

How about "Carroll Hills Builders" CAN WE DO IT? YES WE CAN!



Ask any of our preschoolers or students who says those famous words and they will reply, "Bob the Builder". Now our students at Carroll Hills can say it just as proudly. Can we build it? YES WE CAN!

On January 10th, the students of Carroll Hills School participated in a woodworking clinic called "Build and Grow" sponsored by LOWES of Steubenville and staffed by four volunteers from Lowes: Sue Carr, Jalil Harvey, Media Zeviaos, and Amanda Mosti. The purpose of the clinic was to teach children how to safely complete a project – a ship. The students practiced tool safety and practiced following instructions.

Each child was given safety goggles to protect their eyes and was instructed on the proper use of a hammer. When the project was complete, the children were given a certificate of completion and a tool apron. The children also earned a "Build and Grow" badge to sew on their apron or shirt.

Kudos to LOWES, their volunteers, family volunteers and Cindy Huber, Preschool Teacher, for making this possible. We're all looking forward to the next LOWES, "Build and Grow" project.

