



Presenting Carroll Hills 2009 Graduates



Congratulations
and
Best Wishes!



Leslie Pearson & Brittany Griffith

Your moment is now!

The world is round and the place which may seem like the end...
may also be only the beginning. -Ivy Baker

Graduation and Awards Ceremony

The annual commencement and awards assembly for Carroll Hills School - Thursday, May 28, at 1PM . The class of 2009 school-age graduates are: Leslie Pearson daughter of Mark and Mindi Pearson of Minerva and Jenny Pearson of Canton; and Brittany Griffith, daughter of Cindy Hunt of Carrollton.



The 2009 preschool graduates include Alison Ketchum, Cassidy Whitmore, Duncan Gray, Dylan Hawk, Jeffrey Boggess, Kirsten Moyers, Preston Randal, Ryan Worth, Shawn Swager, Alex Adkins, Caleb Felton, Cauy Brammer, Chandra Brammer, Daniel Holt, Domanick Speelman, Ellis Durbin, Emily Nevi, Hunter Shingleton, and Ridge Thomas.

In addition to the graduation ceremonies, annual individual achievement awards will be presented to each preschool and school age student.

Special points of interest:

- *Carroll Hills School Award Assembly & Graduation*
- *Special Olympics*
- *CCBMR/DD Superintendent*
- *Going Green*
- *Success Story*

Coming Events:

June 10 — Last day of School

June 11 — CHS Staffs last day

June 11, 12, & 13 — Carroll Hills Council Rummage Sale

June 21 — Fathers' Day

June 26-28 — State Summer Games

July 2 — CHI Independence Day Picnic

July 3 - Independence Day
Entire Program Closed

August 24 - Back to School



Special Olympics Ohio State Summer Games

Pictured L-R 1st row—Stephen Gatts, Samatha Lee, 2nd row—Heather Bishop, Charlie Weir, Sarah Hines, and Senator Joe Schiavoni. 3rd row—Matt Crough, John Evans, Jim Totten, & Gene Fankhauser. Eric Prowe absent.

Carroll County MR/DD Special Olympics Program held its Annual Sports Banquet on Wednesday, May 20 with a special guest speaker, Senator Joe Schiavoni. Each athlete received a Senatorial Citation honoring them for their outstanding athletic achievement.

Ten athletes were chosen to represent the organization at the 2009 Special Olympics Ohio Summer games. The team includes: Bowling: Matt Crough, John Evans, Stephen Gatts, Gene Fankhauser, and Charlie Weir. Track: Heather Bishop, Sarah Hines, Samantha Lee, Eric Prowe, and Jim Totten.



Superintendent Matt Campbell

Happenings in 2009

There are many things happening in 2009 for the Board of Mental Retardation and Developmental Disabilities. We are gearing up for Accreditation which will occur November 18 and 19. Accreditation is when the Ohio Department of Mental Retardation and Developmental Disabilities (ODMRDD) reviews the Board documentation, certification, and services to ensure compliance with all state, federal, and local laws. The Board received a 4 year Accreditation the last time, so we are preparing to receive a 4 year and possibly a 5 year, the highest possible Accreditation status.

We are also gearing up for passage of the Carroll Hills School levy on November 3, 2009. The school levy is a 1 mill renewal operating levy with a duration of 3 years. The levy generates \$435,000 which is a significant portion of the school's \$1,325,000 operating budget. Anyone who has a child receiving services from our school will tell you it is a much needed service. The great thing about this levy is your taxes will not increase; it is simply a continuation of the support the community has showed for the last 6 years.

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It is hard not to get caught up in the doom and gloom that the poor economy has portrayed. However, I have been excited over some major opportunities this poor economy has allowed. ODMRDD has created a pilot project with the region of superintendents that Carroll County is a member. Our region has the opportunity to affect change in state law, policies, and procedures to improve the MR/DD system. The objectives are to reduce the amount of paperwork through the use of technology, create an intake process that is standard from county to county, ensure the cost of individuals in the community does not exceed the cost of individuals living in developmental centers or nursing homes, and create cost efficiency by eliminating duplication and sharing administrative costs. Thus, the goal is to reduce cost of services so more individuals can be served, or if the economy does not improve be able to serve the same amount of individuals.

Another organization that I am privileged to be part of is Carroll County Family and Children First Council (FCFC). FCFC began in 1994 under the requirement of Ohio Revised Code. It meets monthly and has 16 mandated members of County Commissioners, Health Department, DJFS, MRDD, ADAMHS board, Headstart, DYS, Village of Carrollton, Carrollton Schools, Brown Local Schools, COAD, Early Childhood Commission, and parent representatives. The goal of FCFC is for Carroll County agencies to work together and pull resources to help families and children be safe and healthy. Grants allow FCFC to provide the FORCE program which is youth assistance and the ABLE/GED program which helps adults receive their GED free of charge. The Family Empowered Assistance Team (FEAT) provides wraparound services for children who are in jeopardy of being removed from their home.

The Board is in the process of developing a 5 year Strategic Plan which will meet Accreditation requirements. The strategic plan will outline the goals of the agency and what services will be provided. A 5 year budget projection will also be part of the process. Surveys have been sent out requesting public input to ensure the Board meets community needs. If you have any questions please feel free to call or stop in. As I tell my staff, I always have an open door policy.



Success—enjoying what you do!



That is just what Allen Miller achieves while he works on CHI's shredding service. Paper shredding provides our largest diversity of enrollee participation to shred the documents and files provided by local businesses. Not only does CHI generate income by shredding the paper but the paper is then bailed and sold to Alliance Recycling to be reprocessed. This procedure is where Allen fulfills the term, "SUCCESS". Allen started training last fall on the steps of running the bailer with supervisor, Vivian Day.

"Allen has accomplished a great deal in a short period of time, running the bailer from start to finish," stated Mrs. Day. "Allen follows the steps while observing the safety rules. Safety is very important to him," Day continues.

Allen has been enrolled in Carroll Hills program since he was 2 1/2 years old. He attended preschool in the old school building in New Harrisburg. After graduating from Carroll Hills School, he started working at CHI in the fall of 2000.

He has also been successful in our supported living program, sharing living expenses with two others and enjoying his independence. At home, Allen enjoys watching TV especially his favorite show, Dukes of Hazard reruns; as well as playing his playstation games. Allen likes physical activities and that shows in his participation in Special Olympics. He is a member of the basketball, bowling, & track teams. Allen has lived in Carroll County all of his life. As a child he lived with his parents, Allen and Debbie, a brother, Andrew and a sister, Kimberly. Allen is extremely close to his family, always wanting to make them proud. Which I'm sure they are. Keep up the Great Work!



Allen is pictured with the finished bail.

Bailer steps

1. Places shredded paper in bailer.
2. Close and lock bailer door.
3. Put finger on safety cut off switch, then push green button and lever forward allowing the paper to compress.
4. After paper is compressed, repeat until bail is hard.
5. Tie bail.
6. Get skid.
7. Use small sledge hammer to open door on end of bailer.
8. Place bail pusher.
9. Turn bailer on and push bail on to skid with bail pusher.
10. Get pallet truck and move bail to designated place.

**CARROLL COUNTY BOARD OF MRDD
LOOKING AT WAYS
TO CONSERVE ENERGY AND REDUCE COSTS
“GOING GREEN”**



When people talk about energy conservation and being responsible to the environment normally the words going green are used. Board employees continue to look at ways to save money and provide a safe environment for individuals with disabilities. Our maintenance staff has done a wonderful job keeping up with the times by utilizing technology. We have many other

staff that has made suggestions on ways to become more environmental friendly. Please see the following ways Carroll County Board of MRDD has improved.

1. Carroll Hills Industries has shred and recycled 18,840 lbs of paper for the Board and other businesses in 2008.
2. Exit signs have been replaced with LED lights.
3. Heating and cooling adjustments are made during off hours by roof top timers.
4. Transportation has a no idling policy limiting buses to 15 minutes.
5. Carpet is recycled when replaced.
6. Carroll Hills Administration building has automatic sensor lights in bathrooms and storage closets.
7. Staff ensures lights are turned off at night.
8. Agency is keeping track and record of utility bills.
9. Transportation recycles metal from vehicle parts.
10. The maintenance department uses green friendly salt called Green Scapes Ice Melt during winter months.
11. We recycle cleaning fluids and oil.
12. Carroll Hills Industries (CHI) installed new energy efficient lighting in 2007. The lighting was installed in rooms 1,2,3, and in the three hallways. As old fixtures go bad they are replaced with new energy efficient fixtures. New ceiling tiles were installed at CHI to save heating and cooling costs. The main hallway at Carroll Hills School has soft white energy long life bulbs. All other areas have florescent bulbs and new ballasts to save money.
13. Maintenance department is using green (environmental friendly) paint.
14. We recycle aluminum cans.
15. Carroll Hills School collects ink cartridges, cell phones, Campbell labels, and box tops to recycle and receive funds to purchase items for students and adults in the program.



If you have any suggestions on other ways the Board can save money and promote going green please let us know.

**Carroll County Board of MR/DD
2008 ANNUAL REPORT**



Available on our website:
carrollhills.com
Or for a paper copy contact JoAnn
at 330-627-6555

2009 Training Schedule

30 Hour Seminars - Lori Miller
Habilitation

October 9,10,23, & 24

Principles of Behavior Support

Nov. 6,7,13 &14

In-services –Nurse Kim Yeager
Stroke - May 30

Your Heart Matters—May 30

Call JoAnn at 330-627-6555 for
information and times.

**TRASH TO CASH FUNDRAISER
RUNS YEAR ROUND**

Carroll Hills School participates in
a number of recycling fundraisers.

For a full list and
other information
visit our website:
carrollhills.com
On the school
page under play-
ground fundrais-
ers or call Ann
Myers at the
school.
(330-627-7651)



Special Olympics continue...

These athletes will compete in the 40th Annual Special Olympics Ohio State Summer Games, a year-round training and competition program for the children and adults with intellectual disabilities. The Games, held June 26 - 28 at the Ohio State University in Columbus, will feature competition for more than 2,700 competitors from across the state. The program will include competition in eleven sports, movies, recreational clinics, and the colorful Opening Ceremonies.



Special Olympics Ohio serves more than 17,000 citizens with mental retardation. With an event calendar that includes seven state-level championships and more than 125 local and area events in twenty-three Special Olympic type sport.

Locally, if you would like to donate to the Carroll County Special Olympic Program, please mail donations to: Carroll County MR/DD Special Olympics c/o Thomasine Moore, P.O. Box 339, Carrollton, OH 44615.

2008-09 Special Olympics Bowling



In 2008/2009 Bowling Season we had over eighty athletes participating in Special Olympics bowling. Bowling is held at Carroll Lanes, from October through May.



Above Picture is of Zanesville Tournament Gold Medal Winners Pictured L-R 1st row— Laura Mullen, Becky Bishop, Shirley Lewis, Marie Dehnart, & Jenny Santucci. 2nd row— Kim Hilliard, Jack Hobson, Shirley Clark & Charlie Weir. 3rd row—Brandon Hahn, Jeff Samborsky, Gene Fankhauser, Jim Craft, Aaron Scott, & Eric Prowe.

Carroll Hills Bowlers enjoy the competition and socialization that being part of a team offers. This season they competed in three tournaments. Carroll Hills Home Tournament in March was the first where all bowlers were able to compete. Forty athletes took part in the Area 9 Individual tournament held on April 25 at Sunrise Lanes in Zanesville, bringing home 36 medals, including 16 Gold, 10 Silver and 10 Bronze. At our final tournament, twenty-five athletes participated in the Area 9 Spring Games at All American Lanes in Steubenville. Carroll Hills again bowled outstanding, returning home with 19 medals, including 6 Gold, 6 Silver and 7 Bronze.

Below represents the Spring Games Gold Medal Winners for both Bowling & Track. Pictured L-R—1st row—Cheryl Rodgers, Kelly Burkhart, Heather Bishop, & Jack Hobson. 2nd row—Sarah Hines, Deb Granger, & Allen Miller. 3rd row—Gene Fankhauser and Dustin (DJ) Anno.

Special Olympics Track & Field Events

Twenty-two athletes came out to participate in the track this season. These athletes compete in walking, running, softball throw, shot put, and standing and running long jump events. They competed in the Area 9 Spring Games in Steubenville on May 2. Returning home with 34 medals including 12 Gold, 15 Silver, 7 Bronze. On Saturday, May 16 we held our home Track Meet in Minerva sponsored by Minerva Kiwanis. Cougars final track meet will be Stark County's Invitational on May 30 at North Canton High School. Go Cougars!



Health & Safety Alert

#2-05-09



Keeping Safe in the Summer

TOO MUCH SUN CAN CAUSE SUNBURN, DEHYDRATION, AND SUN/HEAT STROKE. ALL ARE PREVENTABLE WITH A LITTLE CARE!

WHAT IS A SUNBURN?

A sunburn is a painful skin condition, which occurs as a result of over exposure to the ultraviolet rays of the sun. **THE RISK OF SUNBURN IS HIGHER FOR:**

- Persons with fair skin, blue eyes, and red or blonde hair;
- Persons taking some types of medications (check with the Doctor);
- Persons exposed to a lot of outdoors sunlight; and
- Persons whose skin is already compromised.

PREVENTION:

- ☀️ Avoid the sun between 10 AM and 4 PM.
- ☀️ Protect the skin using sun block with a sun protection factor (SPF) of 15 or more: the lighter the skin, the higher the SPF should be. Apply sun block 15 – 30 minutes before going in the sun and every 1 to 1 ½ hours thereafter.
- ☀️ Use a lip balm with sunscreen in it.
- ☀️ Wear muted colors such as tan.
- ☀️ Wear a hat (the looser the better) especially if hair is thin on top!
- ☀️ Wear sunglasses that absorb at least 90% UV rays (check the label on sunglasses).
- ☀️ Clouds and particulate matter in the air scatter sunlight. You can receive a “surprise sunburn” even on a cloudy day!
- ☀️ Come in out of the sun when you first start to notice that your skin is getting pink.

WHAT IS DEHYDRATION?

Dehydration is the loss of body fluids and electrolytes due to profuse sweating and inadequate intake of water. Alcohol consumption aggravates dehydration.

SIGNS OF DEHYDRATION INCLUDE:

- ☀️ Heat exhaustion
- ☀️ Headaches
- ☀️ Nausea and/or vomiting
- ☀️ Fainting
- ☀️ Blurred vision
- ☀️ Confusion
- ☀️ Urine output decreases & becomes concentrated and appears dark
- ☀️ Sunken eyes
- ☀️ Wrinkled or saggy skin – elasticity decreases
- ☀️ Extreme dryness in the mouth
- ☀️ Fever or temperature over 102 degrees
- ☀️ Severe pain or blistering of skin

IF DEHYDRATION IS SUSPECTED, REHYDRATION IS THE KEY TO PREVENTING FURTHER COMPLICATIONS. REMEMBER TO DRINK LOTS OF FLUIDS!



WHAT IS SUN STROKE OR HEAT STROKE?

Sun/heat stroke is a serious life-threatening condition. It is the consequence of a series of events:

- ☀️ It begins with dehydration. (Also usually a lack of sweating)
- ☀️ As the core body temperature rises, heat exhaustion becomes more serious.
- ☀️ If not rectified quickly, heat stroke is the final shutdown of the body’s organs from lack of these vital fluids and nutrients, and can lead to delirium, coma, and death!

IF SUN/HEAT STROKE IS SUSPECTED, GET EMERGENCY MEDICAL ATTENTION IMMEDIATELY!

The entire alert can be access at mrdd.ohio.gov/health/alerts.htm or call 330-627-6555. For questions or comments regarding the above Alert, please contact the MUI/Registry Unit at (614) 995-3810.

REISSUED: MAY 2009

Carroll Hills School receives Appalachian Grant

Carroll County MR/DD received \$30,000 Appalachian Community Facility Initiative Grant from Appalachia Director Fred Deel of the Governor's Office. This grant will be used to replace part of the school's heating and air-conditioning system. The school's original boiler and air conditioning system is 24 years old and is past due for replacement, with parts of the heating and cooling system no longer functioning as they originally were designed to. This New HVAC zoning system will improve air quality, humidity and temperature control throughout the classrooms and cafeteria.

This project will also address Ohio Administration Code 3701.54, Jarod's Law. The Environment Health and Safety Inspection Manual, used by the county health department to check the compliance of Jarod's Law, addresses heating, ventilation and air conditioning systems.

Carroll County Board of MR/DD are accepting sealed bids for the CARROLL HILLS SCHOOL HVAC REPLACEMENT FOR: CARROLL COUNTY BOARD OF MR/DD, to be received at the office of the Superintendent located at 1182 Roswell Road, P.O. Box 429, Carrollton, Ohio 44615, until 10:00 a.m. local time, on **June 12, 2009** at which time they will be publicly opened and read. More information on CCBMR/DD website: carrollhills.com.



Carroll Hills Industries Community Employment & Lawn Crew

Recently the Carroll Hills Community Employment & Lawn Crew held a finger licking Chicken Dinner fundraiser. This fundraiser was held May 16 at Carroll Hills School through Dave & Nikki Miller's fundraiser service. We have added their business card (Black Sheep BBQ) for those who are interested in their services. A special thank you to the workshop and school staff, for pitching in, helping with this fundraiser.



Your help and dedication to our program is greatly appreciated. The funds generated will help purchase needed equipment for the lawn crew. We also have a Quick & Easy Cookbook fundraiser going on now through June 5, with 12 tasty titles. For more information call Darla Mayle, Job Coach. 330-627-5524

\$6.50



Carroll Hills Council Rummage Sale

Carroll Hills School
2167 Kensington Rd

Sale Days

June 11 & 12
9 to 5 p.m.
June 13
9 to Noon

Donation Day

June 10
9 to 5 p.m.

Call Garry for pick-up
at 330-627-7651



Carroll Hills Council is a parent/professional organization that functions similar to a PTO or booster club in public schools. The main difference is the Council helps meet the needs of both children & adults served by CCBMRDD. We raise money through dues, donations and fundraisers. Council monies help fund field trips, dances, equipment for both the school and workshop, help with MR/DD awareness month, and fund levy campaigns. Carroll Hills School levy will be on the ballot this November, we would appreciate your support. Monthly meetings are held on the second Tuesday of each month. We invite and encourage parents, family members, friends, and other concern citizens to join our organization. JoAnn Hilliard, Treasurer

In the Community Employment area: Mezzalunas Italian Grill is under new ownership. Watch for our next issue of *Under the Carroll Hills Umbrella*, *Community Employment Go Hand and Hand*.



Under the Carroll Hills Umbrella

Carroll County Board
Mental Retardation and
Developmental Disabilities
P.O. Box 429,
Carrollton, Ohio 44615

Board Members

Melissa Fletcher, President
Dolores Hudson, V. President
John Miller, Secretary
Craig Rodgers
Atty. Jennifer Thomas
Angie Miller
Byron Fairclough
Superintendent
Matt Campbell

The Carroll County Board of Mental Retardation and Developmental Disabilities - CCBMRDD
Equal Opportunity in Employment, Access, and Services. Under the Carroll Hills Umbrella is edited by JoAnn Hilliard.
Send information or inquiries to jhilliard@carrollhills.com or call 330-627-6555. We're on the web at carrollhills.com

The only certain means of success is to render more and better service than is expected of you, no matter what your task may be.
~ Og Mandino Quotes



Senate Bill 79 (MRDD Name Change, sponsored by Senator Jimmy Stewart)

The Ohio Senate has voted unanimously to remove the word "retardation" from state and county developmental disability agency names.

The bill approved would mean the Ohio Department of Mental Retardation and Developmental Disabilities would be known instead as the Ohio Department of Developmental Disabilities. The word "retardation" also would be removed from county level agencies. Ohio is one of six states that use the word "retardation" in state-funded agencies. Ten of Ohio's 88 county boards already have made similar name changes.

State Sen. Jimmy Stewart, the Albany Republican who sponsored the bill, said "retardation" is a derogatory term that doesn't belong in government agency names. The bill now goes to the Ohio House. Another significant bill to be introduced was House Bill 8, (Insurance Parity/Autism, sponsored by Representatives Ted Celeste and Nancy Garland), which would mandate health insurance policies providing basic health care coverage must include coverage for the diagnosis and treatment of Autism Spectrum Disorders (ASD). The Federal Centers for Disease Control report that the incidence of autism in the United States is 1 in 150 children, and there are more than 10,000 families in Ohio affected every day.